

Newcastle Middle School

Newsletter



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Term 4 - Week 1

Friday, 11 October 2013

Principal's Message



Welcome back!

I hope everyone enjoyed the break and is recharged ready to fly through Term 4. As always, this term is very busy and you will need to keep an eye on diary dates to see what's happening and when.

I would like to congratulate Mrs Sarah Turnbull on her success at interview for the position of Assistant Principal at Middle School. Sarah will join our staff next year. Sarah is from Sydney and has a diverse range of special education and leadership experience. We look forward to welcoming Sarah to the Newcastle Middle School team!

Presentation Day is shaping up to be a special one this year so be sure to put the date in your diary.
Friday 6th December, 11:30am - 1:30pm.

Regards
Belinda Ryan
Principal

Friends News

Merewether Golf Club Charity Day on Friday 1st November 2013

If you would like to be a part of our inaugural day of golf at Merewether Golf Club, please contact school on 4960 2122 and let us know. We need players to be a part of our school team, or you can submit your own team!

Thank you everyone for your ongoing support in our fundraising!

Friends Committee

Diary Dates - Term 4

Week 1

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| Monday, October 7th | Public Holiday |
| Tuesday, October 8th | First Day of Term 4 |

Week 3

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| Wednesday, October 23rd | IOTAS Concert |
| Thursday, October 24th | Hunter Christian School Volunteer Day |
| Saturday, October 26th | Bunnings BBQ - Kotara |

Week 4

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| Friday, November 1st | Friends Golf Day - Merewether Golf Club |
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Week 7

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| Monday, November 18th | Life Education Bus |
| Tuesday, November 19th | Life Education Bus |
| Wednesday, November 20th | Life Education Bus |

Week 9

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| Friday, December 6th | Presentation Day 11.30am – 1.30pm |
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Week 10

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| Tuesday, December 10th | Year 8 Graduation Evening |
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Week 11

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| Monday, December 16th | Class Christmas Parties |
| Wednesday, December 18th | Last Day of School (Students) |
| Thursday, December 19th | Staff Development Day |
| Friday, December 20th | Staff Development Day |



Connecting Carers NSW

Brave Faces, Hidden Tears

Kinship Carers face the challenges of raising their children's children, whilst grieving for what might have been in their relationship with their own children. Dealing with loss and grief in their own lives, in the lives of the children they are raising, and then witnessing the impact on their own children, can leave kinship carers feeling overwhelmed.

This session is designed to give kinship carers a safe space to talk about issues in relation to grief and loss with others who are experiencing similar issues and to focus on ways in which you can provide hope and help for grandchildren who are also grappling with losing their parents and all that was familiar to them.

Presenter: Paula Hayden. Paula has been very involved throughout her Social Work career with carers, and has written *Shared Stories Shared Lives*, and *Step by Step Assessment* – both used throughout Australia by both government and non-government agencies in training and assessing carers. She is a huge advocate for foster and relative carers, and has also written and presented many other sessions specifically for carers and relative carers.

Date: Tuesday, 15th October

Time: 10:00am to 2pm

Venue: Cardiff RSL Club
Macquarie St, Cardiff

Morning Tea & light lunch will be provided.

RSVP to Astrid by 7th October

Mobile: 0448490892 or 49658547

or Email: hunter@connectingcarersnsw.com.au

Providing your name, contact number and CSC or Agency.



Are you aged between 8 – 12 years?



Do you help look after your brother or sister, parent, grandparent, other relative or friend who has a disability, mental illness, chronic medical condition, drug and/or alcohol related condition or who is frail aged?

Yes! Then...Come along to the

i-care 5 Week Young Carer Peer Support Group!!

What will I be doing in the Group?

- ▶ Meet New Friends
- ▶ Share Your Experiences with Others
- ▶ Talk about your Feelings
- ▶ Talk about your Worries
- ▶ Explore your Strengths
- ▶ Most of all have Fun!!!



When: Each Thursday from 17th October til Thursday 14th November, 2013
Time: 3.45pm - 5.45pm
Where: Wiripaang Primary School, 2a Pacific Highway, Gateshead
Cost: FREE! - Includes all Activities and Afternoon Tea
RSVP: Monday 14th October 2013

Limited Places, so Don't Miss Out on this Opportunity!

To Register Phone: 4921 4895 or
 email: educare-admin@hnehealth.nsw.gov.au



Health
 Hunter New England
 Local Health District