

# Newcastle Middle School

Newsletter



151 Christo Road Waratah NSW 2298 T 4960 2122 F 4967 5920 E newcastlem-s.school@det.nsw.edu.au

Term 3 - Week 1

Friday, 18th July, 2014

## Principal's Message



Welcome back to Term 3.

There are some significant fundraising initiatives happening and I would like to thank all those families who have sent in donations for the IOTAS raffle and remind families that if you have any business affiliations that could assist the school charity by

the way of Golf Day sponsorships, please contact Jenny Lewis or myself at school.

The wintry weather has brought with it lots of "bugs" and we are asking families to keep students at home if they are unwell. There are some nasty tummy bugs, chicken pox and cold viruses going around and our best defence is to be proactive around staff and students who are presenting with symptoms. If you have concerns regarding your child's health please contact your GP. We appreciate your help in keeping the spread of illness via contact at school to a minimum.

Students should wear green next Friday for Planet Ark School Tree Day. Our school is an avid participant each year and it is likely some local media will be onsite to have a look at what we are up to this year!! Thanks to Lenore Hanney for her organisation in this area.

**Regards**  
**Belinda Ryan**  
**Principal**

## Friends News

### Chocolate Drive

Could all monies be returned to school as soon as possible please so that account can be finalised. Thank you to all our families and staff who have supported this great fundraiser again this year!

## Golf Day at Merewether Golf Club

A note went home at the end of last term asking families if they had any business contacts that would be interested in sponsoring our Charity Golf Day at Merewether Golf Club on Friday 7th November 2014. Could you return the note as soon as possible to school if you are able to support in any way please. Thank you again for your ongoing support!

## Bus Contribution Tax Receipts

Receipts went home this week to families to assist with Tax Returns. Thank you so much for your support - the contributions you make for each excursion goes towards the ongoing maintenance and running costs for our bus.

## Bunnings BBQ

Our next BBQ is set for Belmont on Saturday 6th September from 8am.

## Earthen Rhythms Drum Group Visit

Permission notes went home this week for students to attend an in-school Drum Group performance on September 2014 from 11.30am - 12.30pm. Could you please return note to school with \$10.00 so that we can confirm the booking.

This will be our third drum group performance at school where all staff and students can play a drum and percussion in a large circle setting - it is a wonderful experience where everyone can become part of a musical performance! We will also invite our new transitioning students from Junior School to join us.

We are very grateful for your ongoing support!

**Friends Committee**

## Diary Dates - Term 3

**Week 3**

Monday, July 28th

**Education Week**

## NSW SCHOOL VACCINATION PROGRAM 2014

School vaccination clinics continue into Terms 3 & 4

### **WHAT IF MY CHILD HAS MISSED A VACCINE**

If your child has missed any vaccinations they will be offered any missed doses at the next clinics at their school.

### **WHAT IF MY CHILD HAS NOT RECEIVED ALL HPV VACCINES BEFORE THE END OF 2014.**

Any year 7 student will be caught up for HPV only in 2015. Any Year 9 boy who has not received all 3 doses of HPV can attend their local doctor to receive any missed doses.

**Additionally – any year 8 student** who commenced HPV vaccination while in year 7 and are yet to finish all 3 doses (and who has not received any from their local doctor) can still receive these at the next clinic at their school.

Don't forget a Record of Vaccination is given to each student for each vaccination. Parents/guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination.

Any questions, visit the NSW Ministry of Health website at:

<http://www.health.nsw.gov.au/immunisation/Pages/schoolvaccination.aspx>

### **Measles Catch-up Campaign**

You may have heard through a media campaign about the school based measles catch-up program due to the recent measles outbreaks in NSW. Details are at: <http://www.health.nsw.gov.au/immunisation/Pages/measles-catchup.aspx>

Due to high measles coverage rates in the Hunter New England Local Health District not all schools will be participating in this school catch-up campaign. However if your child's school is not participating in the measles program and your child needs vaccination, you can take your child to their doctor to receive free MMR vaccine (you may be charged for the consultation).

To check if your child has received two doses of MMR:

- Look in your child's Blue Book for a record of two doses of 'MMR vaccine' or 'Priorix vaccine' OR
- Check with your child's doctor

# Measles is about!

- Up to 2 in 5 NSW high school students are under-vaccinated against measles.
- Substantial outbreaks are occurring, particularly in South East Asia.
- 14 teenagers/young adults caught measles overseas and brought the infection back to NSW in the first 3 months of 2014.
- NSW Health is urging parents to check their teenager's vaccination records to ensure they have a record of 2 doses of MMR vaccine.

**MMR IS FREE FOR  
ANYONE WITHOUT 2  
DOCUMENTED DOSES**

**Parents are being encouraged to  
contact their GP. Catch-up clinics will  
be available in some high schools.**

For more information visit  
**[www.health.nsw.gov.au/measles](http://www.health.nsw.gov.au/measles)**



**Health**





### Wellness Program

A 90 minute action packed activity program designed for special needs children and their families. The program has physical, academic and sensory play and is suitable for all children with all needs. Parents must stay with children

### ACTIVITIES INCLUDE

- FINE AND GROSS MOTOR SKILL ACQUISITION
- MANIPULATION SKILLS BOTH PHYSICAL PLAY AND WRITTEN ACTIVITY PROGRAMS
- ATHLETIC DEVELOPMENT
- GYM PLAY
- SENSORY ACTIVITIES
- DEEP PRESSURE PLAY

### BENEFITS

- IMPROVE SPATIAL AWARENESS
- IMPROVEMENT IN WRITING SKILLS
- BEHAVIOUR MANAGEMENT
- IMPROVE MOVEMENT, BALANCE AND SKILL ACQUISITION
- IMPROVE CORE STRENGTH
- SOCIAL INTERACTION

### DETAILS

VENUE –  
Lake Macquarie PCYC, Lake St Windale

DATE –  
Sunday 3 August  
TIME –  
10am till 11:30pm

COST –  
\$20 for per child, and \$10 for additional children

BOOKINGS AND INQUIRIES –  
Contact [justinryderfitness@gmail.com](mailto:justinryderfitness@gmail.com) or 0409153807. Siblings welcome to participate but will be required to pay admission.